## **Boyer's Furnace 40 Miler**

Boyer's Furnace is a formidable loop that combines sections of both the Old Dominion and Massanutten Mountain Trails 100 mile runs. The course is a fair challenge, and it should take between 6:30 and 13:30 to complete.

**Course**: Counterclockwise 40 mile loop that encircles the southern part of Fort Valley starting at Camp Roosevelt.

The course can be broken into the following sections:

- 17 miles of technical Massanutten East ridgeline (stay on Orange to Veach Gap)
- 6 miles of rolling dirt road
- 8 miles of tough Massanutten West ridgeline
- 9 miles of rolling dirt road

Start/finish: Camp Roosevelt Horse parking lot (38.728 °N, 78.515 °W)

Three aid stations: At miles 17, 23, and 31.

It is essential that each runner carry enough food/water to make it through the first slow 17-mile section. This will take all but the fastest runners 4+ hours to complete. Several runners will need a flashlight at the end.

In past years individuals have left cars at the various aid stations, enabling them to cut the run short. That is fine — just plan ahead and let the RD know that you plan to do so.

## **Boyer's Furnace Turn Sheet**

- 1. Leave the parking lot and go north (uphill) on **orange-blazed Massanutten Mountain Trail** for 16.3 miles.
- 2. Pass little Crease Shelter and turn left onto **yellow-blazed Veach Gap Trail** along a creek, heading downhill to Veach Gap trailhead parking area.

## First Aid Station (17 miles) in the Veach Gap trailhead.

- 3. Exit parking lot running on a dirt road (Veach Gap Rd/Rte 774). Run 0.9 mile to Fort Valley Road/Rte 678 (blacktop). Turn right onto Fort Valley Rd for 0.2 mile, then take first left turn onto Frenchman Pond Rd/Rte 774.
- 4. In 0.3 mile, take a right at the fork just past a pond (Coverstone Rd/Rt 773). After 0.9 mile, stay right at junction with Boyer Rd/Rt 771. Take a left at next intersection (0.3 mile) onto Mine Mountain Road, heading west to the Boyer's Furnace ruins! This section will be marked.
- 5. Stay left after 0.6 mile on Mine Mountain Road (Rte 273), heading south toward Woodstock tower. You now have a gradual uphill climb for 2.3 miles.
- 6. Go right at intersection with Woodstock Tower Rd/Rte 758 and begin a steep 0.7 mile climb to Woodstock Tower.

Second Aid Station (23 miles) just below Woodstock Tower.

7. Take the **orange-blazed Massanutten Mountain Trail** for 8.2 miles to Edinburgh Gap.

**Third Aid Station (31 Miles)** at Edinburgh Gap. (*Best spot to leave a pre-planted get-away car.*)

- 9. Continue on orange-blazed dirt Edinburg Gap Road (FR 374) for 5.8 miles to the intersection with Moreland Gap Rd/Rte 730.
- 10. Take a left onto Moreland Gap Rd and run 3.4 miles to the Intersection with Rte 675 and Crisman Hollow Rd.
- 11. Go across this intersection up Rte 675 and run 0.4 miles uphill to the finish in the horse parking lot at Camp Roosevelt.

